



AN ALBERTA SOCIETY
FOR CITIZENS WITH
DISABILITIES

www.chrysalis.ab.ca



From the *Wings*

Winter 2007

Upcoming Events

Edmonton Casino
January 1-2, 2008

Western Mardi Gras
January 26, 2008

Spring Inspiration April
10, 2008



CHRYSALIS ACTIVE LEISURE CENTRE GRAND OPENING

*Promoting health and wellness
for persons with disabilities in
Calgary*

On October 18, 2007, Chrysalis held its Grand Opening of the Chrysalis Active Leisure Centre in Calgary. Friends and members of the community gathered to tour the Chrysalis Calgary facility and to experience first-hand some of the quality services offered by Chrysalis to individuals with developmental disabilities.

The Active Leisure Centre is a place where Chrysalis clients can learn about healthy lifestyles and workout with their support staff at no additional cost to the client.



Chrysalis CEO Lynn Groves Hautmann (left) and Chrysalis client Nick Margettes cut the ribbon to officially open the Chrysalis Active Leisure Centre.

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Jumping for Joy: Chrysalis clients Lorraine Balagtas (left), and Jacqueline Dabisza test out the new Active Leisure Centre.

The centre was made possible with the help of the Alberta Sport Park Recreation and Wildlife Foundation, Nickel Family Foundation, Alliance Pipeline, the Rotary Club of Heritage Park and other generous partners.

The new equipment and the newly renovated space will allow clients to enjoy greater independence and freedom. Clients in wheelchairs can now move freely without the dependence of their wheelchairs thanks to the Gantry lift system. Chrysalis is one of the few—if not the only—non-profit organization in the disability sector to own a Gantry Lift System.

Thank you...

Chrysalis would like to thank all sponsors and donors; your support truly makes a difference to the lives of our clients.

- | | | | |
|-------------------------|---------------------|---|--|
| · 338390 Alberta Ltd | · Jim & Elaine Fode | · Associazione Trevisani Nelmondo | Donations received in memory of Maureen Landals: |
| · Tim Atcheson | · Ted Kerr | · DIRT Environmental Solutions Ltd | · William C Werry |
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| · Bethany Care | · Nathan McWhorter | | |
| · Mr. and Mrs. Cockbain | · Eyla Rogers | Donations received through the United Way Alberta Capital Region: | |
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Happy Holidays!

In December, Chrysalis clients gathered together with their friends, family and staff to celebrate the holiday season at our Chrysalis client holiday parties.

Calgary held its annual party at Crossroads Community Centre with catering through Mount Royal College on December 14th, while Edmonton held its annual holiday party on December 7th at the Italian Cultural Centre where they enjoyed a delicious Italian meal.



Thanks to all the staff, volunteers and community partners who helped make these parties successful!

Oh what fun: Chrysalis client, Christine D (right) sings Jingle Bells with event emcee, Denise Graves (left) at the Edmonton party

Staff Milestones

Change, growth and opportunity are often facilitated through those who help us, teach us, and guide us along the way. Thanks to the following staff who recently celebrated significant anniversaries for their years of service at Chrysalis:

25 years:	Five years:
Chantal McWhorter	Christina Samson
15 years:	Colette North
Eloise Lutes	Colleen Belanger
10 years:	Kendra Warwick
Alex Ramos	Bal Hayre
Daljit Gosal	Joanne Pires
Adele Mattern	Jennifer Ferrari



Chantal McWhorter (front) gets roasted by colleagues in celebration of her 25th anniversary at Chrysalis.

Western Mardi Gras

The Most Fun You Can Have in Denim!

On January 26, 2008, Chrysalis Edmonton will host its 12th Annual Western Mardi Gras at Northlands Agricom. Kicking off the 40th anniversary of Chrysalis, this Western Mardi Gras is sure to have many surprises in store for guests. There will also be some old favourites at the event such as the fabulous buffet dinner, exciting silent and live auctions, and boot stomping dance. This year's Master of Ceremonies is Fred Keating whom many of you



will recognize from various movies and TV shows including Jake and the Kid, Da Vinci's Inquest, and the movie Slap Shot 2.

New this year is a chance to **win a seven-day cruise for two!** Raffle tickets are on sale now to anyone

including those who can't attend the event and will also be available at Western Mardi Gras for \$20 each, with odds of 1 in 300 and the draw taking place during Western Mardi Gras.

Chrysalis appreciates any support you can give whether purchasing tickets, donating an auction item, making a cash donation or being a sponsor. Auction items can come in any form including hand-made items and gifts of service. For more information please call Rachelle Young at (780) 482-0335.

AJ's Story

AJ started service with Chrysalis in October 2005. Prior to Chrysalis, AJ went to college and had one casual job but no real work experience.

AJ realized his full potential and is now more confident in his work and social skills. Through courses such as Chrysalis' Life Management, AJ learned to understand situations from new and different perspectives.

Through Chrysalis, AJ worked at several different community sites and in July 2006 he began working at UPS.

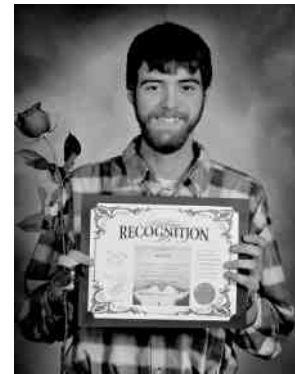
"I have developed good relationships at UPS; (I've met) people to laugh with, work hard with," says AJ, "I've had this job the longest—one year and some months and it doesn't feel that long."

AJ reached the goals he set for himself at UPS and even exceeded expectations. He earned numerous attendance bonuses from UPS for his perfect attendance. He also received the added responsibilities of training new employees.

UPS fosters a positive environment for all staff to work together and AJ's supervisors appreciate the value he brings to their company.

"The continued hard work and dedication that Mr. Kelly has shown at UPS is valued. Each day he arrives to the building proves valuable to the centre's success", says AJ's UPS supervisor, David Auger.

As AJ looks forward to his future goals he is proud and grateful for the opportunities provided at UPS that have helped him grow.



AJ receives an Award of Recognition at the Chrysalis Annual Achievement Awards in April 2007

Contributing to Culture

Chrysalis recently took part in a project which emerged from Edmonton's designation as Culture Capital of Canada for the year 2007.

On December 6th, 2007, Chrysalis took part in a community discussion and art show organized by emerging Edmonton artist, Ted Kerr. Kerr's project, entitled "Towards Seeing Everything Together", explores the unaddressed issues of four non-profit organizations through photography.

The artwork created for Chrysalis features portrait-photos of three clients employed by FortisAlberta. These photos demonstrate the valued relationship between Chrysalis and FortisAlberta, while also portraying the individuals as creative and symbolic representations of Edmonton's evolving workforce.

The three art pieces were donated to Chrysalis and will hang on the Edmonton office walls in early 2008.



Chrysalis Manager-Fundraising Strategy, Colt Long (left) stands with Ted Kerr (right) in front of the three art pieces created by Kerr for Chrysalis

New Chrysalis Kitchen Opens Doors to Nutrition

Chrysalis Launches its Culinary Demonstration Program

Construction of a new kitchen in Edmonton is now complete and Chrysalis has a new Culinary Demonstration Program. In this program, clients from Alternatives to Employment Services (AES) can learn to cook and bake while making healthy dietary choices. Edmonton has followed suit in Calgary's client project of creating Chrysalis Cookbooks. Edmonton's Chrysalis Cookbook will be available for purchase in early 2008 and Calgary's "Chrysalis Cooks" is already available for purchase.



Chrysalis client, Neil Gering (front) prepares a culinary treat for staff members Bern Ayoitte (left) and Claudia Norena (center).

"The Chrysalis Culinary Demonstration Program will further our endeavours to improve the quality of life for persons with disabilities," says Chrysalis President and CEO, Lynn Groves Hautmann, "we are grateful for the support of Alberta Wild Rose Foundation, and that of our community volunteers for helping us make this program possible."

This project received funding through a \$25,000 grant from the Alberta Wild Rose Foundation. Chrysalis supplemented the additional costs through various fundraising initiatives including the Oilers Community Foundation 50/50 draw.

CEO's Address

The fall months were indeed very busy at Chrysalis. Two new day program enhancements became available to Chrysalis clients: the Active Leisure Centre in Calgary, and the Culinary Demonstration Program in Edmonton.

Staffing has become a continuous challenge for Chrysalis and in the disabilities sector in general. Our first priority is to ensure the health, safety and well-being of the individuals accessing our programs. Along with other agencies, we are working to raise the awareness of the staffing situation with our politicians and our premier, the Honourable Ed Stelmach. We will send out information packages for parents and guardians in the near future and will be pleased to address any questions you might have about this. For those of you interested in pursuing this some more, do check out: www.chrysalis.ab.ca/get_involved or www.whocaresalberta.com.

In the meantime, Chrysalis continually strives to provide quality programs to the individuals whom we serve. Our dedication to quality requires ongoing fundraising through a variety of sources including the Chrysalis Casino on January 1st and 2nd which will be manned by 26 volunteers over the two days, and our 12th annual Western Mardi Gras which will require over 30 volunteers. As you can see, the busy time for Chrysalis staff, volunteers and board members continues into the new year.

On behalf of all of us at Chrysalis, I would like to wish you and your families a happy and safe holiday season and a wonderful new year 2008.

Sincerely,

Lynn Groves Hautmann

Your Business is Appreciated

The Woods and Plastics divisions would like to thank the following businesses for continuing to make Chrysalis their supplier of choice:

Agrium Partnership
Canuck Industrial Sales
Cleartech Industries Ltd
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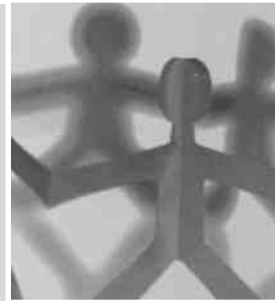
Method of Payment: Cash Cheque Visa MasterCard Amex

Name on Credit Card: _____ Card Number: _____

Expiry Date: _____ Your Signature: _____

Donations can be dropped off at any Chrysalis office, or mailed to:

Chrysalis Charitable Foundation
13325 St. Albert Trail
Edmonton, AB T5L 4R3
Charitable Registration: #14084 7781 RR0001



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Spring Inspiration In Calgary

The Chrysalis Charitable Foundation in cooperation with the Highwood at SAIT and Element Integrated Workplace Solutions Ltd., hosts the 8th annual Spring Inspiration April 10, 2008 in Calgary. Join us for this fabulous evening including a five-course gourmet feast and entertainment.

Cost: \$300 per ticket or \$2,500 for a table of eight. Please contact Rachelle Young at (780) 482-0335 or rachelley@chrysalis.ab.ca for more information or to purchase tickets.

Recycling Program Cancelled

Chrysalis has regretfully decided to discontinue its recycling program effective December 1st. This program ran in conjunction with ABCRC's Community Champions Program. This decision was made due to a staffing shortage within our organization and within the disability sector. Thanks to the following supporters who partnered with Chrysalis for this program:

C-Era Medical Clinic
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Corinthian Energy Corp
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The Kahanoff Centre
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13325 St. Albert Trail
Edmonton, AB
T5L 4R3

Contributers

Bern Ayotte
Laurie Balfour
Lynn Groves Hautmann
Suzie Kim
Linda Pinney
Teisha Taylor
Sally Thistlethwaite
Rachelle Young

From the Wings

This publication is distributed to friends and stakeholders of Chrysalis. It is an opportunity to share success stories and organizational change that has occurred over the past months.

For more information or if you would like to contribute to an upcoming issue, please contact Chrysalis:

Edmonton Head Office

13325 St. Albert Trail
Edmonton, AB T5L 4R3
Phone: (780) 454-9656
Fax: (780) 451-0168

Calgary

Bay 7, 6020-1A St. SW
Calgary, AB T2H 0G3
Phone: (403) 258-1501
Fax: (403) 258-1577

info@chrysalis.ab.ca
www.chrysalis.ab.ca